



# Howard County

## RECREATION & PARKS

### 2010 FOOTBALL MEDICAL CLEARANCE FORM

#### Participant Information (Name must match Birth Certificate)

\_\_\_\_\_  
Last Name

\_\_\_\_\_  
First Name

\_\_\_\_\_  
Middle Name

\_\_\_\_\_  
Age as of 8/1/2010

\_\_\_\_\_  
Weight (as determined by Physician)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Name of Football/Cheer Organization

#### Physician Statement

I certify that I have examined the athlete for participation in the Howard County Football Program.

- ☐ The athlete can participate in the 2010 season  
☐ The athlete **cannot** participate in the 2010 season

\_\_\_\_\_  
Physician's Signature

\_\_\_\_\_  
Date

#### Please print or use a stamp:

\_\_\_\_\_  
Physician Name

\_\_\_\_\_  
Affiliation

\_\_\_\_\_  
Street Address

\_\_\_\_\_  
City

\_\_\_\_\_  
State

\_\_\_\_\_  
Zip

\_\_\_\_\_  
Phone

#### Stamp here:

#### Waiver

I am aware that while participating in recreational activities arranged by Howard County Recreation & Parks, certain risks and dangers may be present, including but not limited to those generally associated with the activity, transportation, accidents or illness and forces of nature.

I agree to indemnify and defend Howard County and hold it harmless from and against any and all claims, suits, damages, liabilities and expenses, including attorney's fee and the County's costs of defense, in connection with loss of life, personal or bodily injury and/or damage to or loss of property that arise from participation in the Howard County Football program except to the extent that such loss or damage is occasioned by the negligent act or omission of the County, its officers, agents or employees and no negligence on the part of the Participant.

\_\_\_\_\_  
Signature of Parent or Guardian

\_\_\_\_\_  
Date